

Y2 Hygiene and Germs

KS1 Y2 Science · Follows the national curriculum

Name _____ Class _____ Date _____

1. Worked example

What are germs?

Step 1 · Can you see them?

No — they are far too small to see without a microscope

Step 2 · What can they do?

Some germs can make us ill, with coughs, colds or tummy bugs

Answer: Germs are tiny living things that can make us ill

Check: Germs spread on hands, in coughs and sneezes, and on things we touch.

2. Now try one with the steps

Why should you wash your hands after going to the toilet?

Step 1 · What is on your hands?

Step 2 · What happens next?

Answer:

3. Practice

Have a go at each one. There is space underneath to work it out.

1. What does 'hygiene' mean?

2. Can you see germs with just your eyes?

3. What 2 things do you need to wash germs off your hands?

4. How many times a day should you brush your teeth?

5. Should you wash your hands before eating?

6. What should you sneeze into?

7. For how many seconds should you rub your hands with soap?

8. Name one way germs spread.

9. What should you do with a used tissue?

10. Why should you not share a drinking bottle with a friend who has a cold?

11. Ava washes her hands 3 times in the morning and 4 times in the afternoon. How many times is that?

12. Why do we brush our teeth?

13. Why is it important to wash your hands before helping to cook?

14. Why does washing with soap work better than rinsing with water only?

4. Before you hand it in

Thinking hands are clean because they look clean.

Wash with soap at the key times, even if your hands look clean.

Quickly splashing hands with water and no soap.

Use soap, rub for 20 seconds, rinse and dry.

Thinking all germs come from dirty-looking places.

Wash your hands before eating, whatever you touched before.

Sneezing into your hands and carrying on.

Use a tissue or your elbow, bin the tissue and wash your hands.